

# ACE NEWSLETTER | APRIL 2021

**Cornell University** 

Ithaca College

SUNY Cortland

## Tompkins Cortland Community College



## Happy Spring ACE Community!

April is blooming into what looks to be a hopeful season of renewal and opporunity. While there is still much transition and reconsiliation before us, there is also the hope of choice and action. Maybe it really is important to stop and smell the flowers this season.

This month wraps up the bulk of our spring programming, including your last opportunity to attend a Campus Visit Workshop. The ACE operating committee has worked hard this past year to offer experiences that provide you with flexible choices. Make sure you register for at least one of the workshops to continue your ACE progress.

Warm Regards, Erica L Shockley



# ACE NEWS:

#### Focus Groups:

A series of focus groups for students and family members will run in May and June to help us learn more about your experience and goals for ACE.

#### Last Campus Visit Workshops:

If you have not attended a Campus Visit event, we have two final programs in April. These are cornerstone programs in your ACE experience.

#### Family Survey:

Apologies for not having the family survey link included in the last newsletter. We invite you to fill out this very short interest survey:

#### SURVEY LINK CLICK HERE

Facebook ACE-Access to College Education

Instagram @accesstocollegeeducation #acecurious

# Spring 2021 ACE "VIRTUAL" Programs ACE Website has Event Details and Registration

Final 20-21 Campus Visit Workshops These are cornerstone ACE programs. If you have not attended a Campus Visit program this year, sign up for one of the following:

Career Coach: Exploring College Majors (TC3) 4/22/21 @ 7:00pm

Kick-Start Your College Search (Ithaca College) 4/28/21 @ 4:00pm

## **Campus Connection Events and Workshops**

SUNY Cortland Women's LAX vs Plattsburgh 4/10/21 @ 2:00pm

SUNY Cortland Men's Baseball vs St. John Fisher 4/11/21 @ 3:00pm

From Pre-Major (Undecided) to Career, SUNY Cortland Alumni Success Stories 4./13/21 @ 7:00pm

Club & Intramural Athletics - Q&A with IC Students 4/14/21 @ 4:00pm

Health and Sciences and Human Performance Majors and Career Discussion with IC Professors 4/19/21

TC3 Open House: Career Pathways, Housing, Campus Life and More! 4/23/21 @ 4:00pm

> Finding My Place: Exploring LGBTQ+ Inclusive Colleges 4/29/21 @ 5:00pm

> > Creating Your Life's Playlist 5/3/21 @ 7:30pm

# "In-The-Works" May Events

S.O.S. Students onto Scholars Mentoring Financing College Student and Family Focus Groups



# **Program Reminders:**

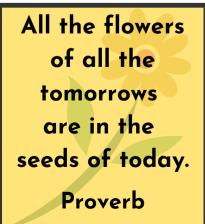
Programs facilitated at our four sponsoring colleges prepare you for ANY college you plan on attending.

Certain programs require a post-event confirmation survey to receive ACE credit. Details are included in your registration confirmation email.

If a virtual program requires additional registration steps, you will find instructions within the ACE registration form.

When you need to cancel your event registration, please email ace@cortland.edu as soon as possible.

Detailed program descriptions and registration forms are located on the <u>ACE website</u>.



# Creating Your Own "Luck"

Ten Proven Ways To Make Your Own Luck, Deep Patel, Entrepreneur Online, 12/14/16

- Social Networking: Expand your circles; people bring connections and connections bring opportunity.
- **Visualize Success:** Pick a goal and consider what success would look like for you. Now visualize the pathway you can take to get there the stepping stones.
  - Share the Luck: When you have something to be grateful for, a win or a success, share the good energy. Help a friend who could use a little support on their pathway to success.
  - Take A Chance: Step out of your comfort zone, and you'll discover the true extent of your abilities.
- Set Backs Happen: At times it seems like all we receive is bad news, and we all experience failure in our life. Remember that you are not the situation; you are what keeps you coming back, showing up, and moving forward.
  - **Stay Present:** Figure out what you can and cannot control in your situation. Then focus on what you can change or decisions you can make to move forward.



Senior ACE students who have sustained their involvement in ACE are eligible to apply for a small scholarship award in May. As part of this award, students must demonstrate service to ACE. Later this month you will receive information about several opportunities for you to give back to this program and support future ACE students.

> Senior Survey Senior Focus Group Senior Story

# WHY ACE?

Whether you are just entering high school or preparing for your final year, ACE facilitates experiences that support students and family members as you:

EXPLORE passion areas that lead to academic exploration and career goals MAKE informed decisions about your goals for and pathway into college LEARN academic and personal development skills you can apply now CONNECT with financial and other college preparation resources PREPARE for your college transition and life after high school

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cortland.edu/ace